## WHAT IS CLAIMED IS:

1. A method for monitoring files, said method comprising:

receiving a folder including at least one file path specifying a server machine and a directory;

for one or more of said file paths in said folder:

transmitting a query to said server machine requesting current directory data corresponding to said directory, said current directory data including a file name, a created date, a modified date and a file size for files included in said directory;

receiving said current directory data from said server machine in response to said query; and

storing said server machine, said directory and said current directory data in a monitoring database;

creating a monitoring report including said server machine, said directory and said current directory data for said one or more of said file paths; and transmitting said monitoring report to a user.

- 2. The method of claim 1 further comprising adding a new file path to said folder.
- 3. The method of claim 1 further comprising removing one of said file paths from said folder.
  - 4. The method of claim 1 further comprising:

updating a recipient list associated with said folder, said recipient list including one or more e-mail addresses; and

transmitting said monitoring report to said one or more e-mail addresses included in said recipient list.

5. The method of claim 1 further comprising creating a log file for said current directory data for said one or more of said file paths in response to said storing.

- 6. The method of claim 1 wherein said server machine is a local machine.
- 7. The method of claim 1 wherein said server machine is a remote machine and said query is transmitted via a network.
- 8. The method of claim 1 further comprising presenting said current directory data for said one or more of said file paths to a user.
- 9. The method of claim 8 wherein said presenting includes displaying said current directory data in a user interface screen.
  - 10. The method of claim 1 further comprising:

comparing said current directory data to a previous version of said directory data; and

transmitting an alert message to said user if a previous file size in said previous version of said directory data is larger than a corresponding said file size in said current directory data.

- 11. The method of claim 1 further comprising creating a trigger event for said folder, wherein said receiving a folder is in response to said trigger event.
- 12. The method of claim 11 wherein said trigger event is a pre-selected time of day.
- 13. The method of claim 11 wherein said trigger event is a pre-selected time interval.
- 14. The method of claim 11 wherein said trigger event is an occurrence of a pre-specified event.

- 15. The method of claim 14 wherein said pre-specified event is a user launching a file monitoring application.
  - 16. A system for monitoring files, the system comprising: a network;

a storage device in communication with said network, wherein said storage device includes a monitoring database;

a host system in communication with said network, said host system including application software to implement a method comprising:

receiving a folder including at least one file path specifying a server machine and a directory;

for one or more of said file paths in said folder:

transmitting a query via said network to said server machine requesting current directory data corresponding to said directory, said current directory data including a file name, a created date, a modified date and a file size for files included in said directory;

receiving said current directory data from said server machine via said network in response to said query; and

storing said server machine, said directory and said current directory data in a monitoring database;

creating a monitoring report including said server machine, said directory and said current directory data for said one or more of said file paths; and transmitting said monitoring report to a user.

- 17. The system of claim 16 wherein said application software is written in visual basic.
  - 18. The system of claim 16 wherein said host system is a personal computer.
  - 19. The system of claim 16 wherein said network is the Internet.
  - 20. The system of claim 16 wherein said network in an intranet.

- 21. The system of claim 16 wherein said monitoring database is a relational database.
- 22. A computer program product for monitoring files, the computer program product comprising:

a storage medium readable by a processing circuit and storing instructions for execution by the processing circuit for facilitating a method comprising:

receiving a folder including at least one file path specifying a server machine and a directory;

for one or more of said file paths in said folder:

transmitting a query to said server machine requesting current directory data corresponding to said directory, said current directory data including a file name, a created date, a modified date and a file size for files included in said directory;

receiving said current directory data from said server machine in response to said query; and

storing said server machine, said directory and said current directory data in a monitoring database;

creating a monitoring report including said server machine, said directory and said current directory data for said one or more of said file paths; and transmitting said monitoring report to a user.